Free me from the hunter's trap
and rescue me from every danger. And have mercy on me.

Keep me away from the invisible enemy
and from the hidden darts of the Slanderer
and have mercy on me. Save me from the errors of my sins,
and renew me in a spirit of knowledge.

And have mercy on me.

St. Nersess Armenian Seminary 2010
The sea of my sins tosses me about.

But you, the good Captain, grant me a harbor,

O Father almighty.

The depths of deceit are destroying me. But you, good Captain,

grant me a harbor;

O Father almighty. You alone have authority

to forgive sins and I beg you,
Lord, forgive my sins,

O Father almighty.

The day of your coming has drawn near, O Lord.

Hear the voice of my prayers, for I call to you.

And have mercy on me.

Listen to my words, Lord, and take to heart my morning supplications,

for I call to you. And have mercy on me.
I am sinking into the depths of evil.

Send your Holy Spirit to me, for I call to you. And have mercy on me.

Have mercy on me, O God, for against you only have I sinned.

Hear me again from the mire of my errors, O Fountain of healing.

and have mercy on me. Save me from death.
for you have authority over souls and bodies,
and have mercy on me.

I traded the incorruptible, spiritual treasure for this corruptible life.

But only you do I entreat, beneficent Savior:

I dismantled the fence of my spirit and I became a vine without a shoot
But only you do I entreat, beneficent Savior:

spare this sinful servant.

I was cropped like a palm tree.

I was barren of fruit like the olive tree.

But you, Savior, indulgent and without vengeance,

spare this sinful servant.

Tabernacle of Him who cannot be borne, carrier of Him who carries all beings;
you gave birth to God in the body,

the bodiless One born of God.

Intercede for us, O Mary Mother of God.

Glory to the Father and to the Son and to the Holy Spirit.

You were ignited by the Sun and like the bush you were not consumed.

But you gave the bread of life

as food for rational ones.
Intercede with Christ to erase the indictment of our sins.

Now and always and unto the ages of ages. Amen.

The portrait of your immaculate mother

we will cast before your indulgent lordship

when you come with the glory of the Father
to judge the enemy of your cross.

Forgive our transgressions by the intercession of your mother and virgin.

We beg you, Lord,

protect us under the shelter of your holy cross.