I lifted up my eyes to the mountains.

From there my help will come.

Souls who love the Trinity,

became worthy to be received into the bridal chamber of light.
For they extinguished by their blood the flame of the original sin and invited the universe to sing praises to God.

Now and always and unto the ages of ages. Amen.

By shedding their blood they paved the way for us,

and they opened the gates of life to heaven and to Christ.
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