I lifted up my eyes to the mountains.

From there my help will come.

My help will come from the Lord God of Israel.

And from Him who protects Israel with his right hand.

My help will come from the Lord God of Israel.

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For he is the Lord of Lords and eternal God.

My help will come from the Lord God of Israel.

I lifted up my eyes to you, the King of kings, to save us and to protect us from the invisible enemy.
Glory to the Father and to the Son and to the Holy Spirit.

The Sun of Righteousness

has shone upon us from God as a Savior to save us

and to protect us from the invisible enemy.

Now and always and unto the ages of ages. Amen.
My soul pleads to you.

I call out to you, compassionate Father:

Save us

and protect us from the invisible enemy.