I lifted up my eyes to the mountains.

From there my help will come.

Lord, grant us help in our time of affliction so that me may always praise your awe-inspiring, holy name.

Lord, protect us from every temptation, of the invisible enemy.

St. Nersess Armenian Seminary 2011
and from his secret arrows.

You are our hope and our refuge at all times,

who are always praised by your creatures.

May the shelter of your right hand, O Lord,

protect us.

And may he who shepherds Israel never sleep.
Glory to the Father and to the Son and to the Holy Spirit.

May the power of your holy Cross, O Christ,

and be our guard day and night.

Now and always and unto the ages of ages. Amen.

You gave a sign to those who fear you,
and a triumphant weapon against the invisible enemy.