Nayats Seerov
Look Lovingly

Look lovingly, compassionate Father, upon the created works of your hands.

And charge the camps of angels to guard us weak ones.

Save us from temptation, from the demons that swarm around at night.

So that day and night

we might give you unceasing glory.

Uncreated child of God without beginning, ineffable Son and Word.

You created the day for work and night for the rest of sleep.
Grant the eyes of our body, while sleeping, to remain awake in the spirit.

So that by day and by night we may give you unceasing glory.

Teacher of the spirit of rational beings, source of light, distributor of grace,

when the doors of our physical nature close,

give light to the eyes of our hearts. We hasten to you every night

to sing your praise with the fiery angels. So that day and night
we may give you unceasing glory.

Holy of holies, Trinity, cleanse us to become a dwelling for you.

Together with the children of the bridal chamber,

grant us to rest in bed with you. Grant the request of the friend,

to borrow the three loaves So that day and night

we may give you unceasing glory.

You created visible light. You separated day and night.
At night, Lord, shine the knowable Light.

At all times give us your protective right hand to keep us safe. So that day and night we may give you unceasing glory.

May the fire of your love, cast on Earth, inflame our spirits.

Let he clean the secrets of our hearts. May he shine on us the light of knowledge.

May he awaken us from the sleep of death,
burning our minds with flames.

So that day and night we may give you unceasing glory.

We look to you, O unapproachable Light, from the concealed perceptible light that you placed in our pupils for us,

and you slept in the tabernacle. Sleep close to us, wakeful nature.

Repulse the work of the evil one. So that day and night we may give you unceasing glory.
Before the shadowless light of your divinity we stand in prayer.

You appeared to the eleven in the evening through closed doors.

With Thomas we call to you.

We confess you Lord and God.

Come down to us too this evening and give your greeting to our spirit.

Crowds appeal to you, for help, Lord.

Look down on us, we beg you, O guardian of Israel.
Protect us.

Lodge with us, Peace-maker,

and we will sleep without worry.

So that in the morning

we may wake up early to praise you with the Father and the Spirit.

The sound of Gabriel's trumpet that will sound on the last night,

make us worthy to hear it

and to abide in a place of honor in heaven.

The light of our lamps burning inextinguishably,

like the five wise maidens.

So that with your groom
we may enter the bridal chamber in glory like brides in the spirit.

Chase away from us, by the sign of your Cross,

the invisible beast who attacks us.

And let your heirs not perish.

Intercede for us, O Mother of God,

Mary, who gave birth to the Lord God,
in this all-powerful, miraculous glory.

the Shepherd of Israel