Praise the Lord from the heavens.

Praise him from the heights.

Called "tree of knowledge,"

it uprooted and exiled us from life.

Through it, Eve transgressed and deceived the forefather.

Glory to the Father and to the Son and to the Holy Spirit.

But the life-giving tree of your Cross is a scepter of power

for the life of mankind and hope for creation.
It became our guide to life eternal.

Now and always and unto the ages of ages. Amen.

You gave us a triumphant sign, your holy Cross,

so that through it, we might enter by the narrow gate to the constricted path,

for which the earthly sons of mankind have yearned.